

DECEMBER 2021



| * 9 | | | | | * * 7 - 11 | |
|---|---|---|--|---|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Carol Mitchell, APC, Recreation Therapist 202-541-7724 | | Annemarie Wilson, MS, CTRS, Recreation Therapy Supervisor 202-541-7626 | 9:15am Holiday Crafts-SC2 10am Trivia Time-SC2 1pm Calendar Meet & Greet 2pm Trim the Tree w/Hot Chocolate | 10am TRIP: Arundel Mills Mall & Casino | 9:15am Famous Faces & Places-SC3 1pm Catharine Turns 102!-SC2 4pm Wing Night in the Defender's Inn | 4 |
| 8am, 12pm Catholic Mass Channel 20 9am Protestant Services- MR | 10am News Time-SC2 10:30am Puzzle Zone-SC2 1pm RT Bingo-CC 1:30pm Movie & Popcorn 2:00pm Monday Manicures-SC2 | 9am Technology Interactions 10am Pearl Harbor Virtual Remembrance Day 10:30am IDT. Mtg. 6pm Tree Lighting-CC Jo Soboleski | 9am Arts & Crafts-SC2 11:30am Lunch Time Crew 1:30pm Reminiscing Group- SC3 | 9 10am Fun & Fitness- SC2 & 3 2:00pm Ballet Performance "The Nutcracker"-CC 4pm AFRH Winter Wonderlands | 9:15am Word Search-SC2 1pm Roving Cart 7pm Holiday Dance-CC | 2pm Ice Cream Social-CCL 3pm Army/Navy Football Game-CC |
| 8am, 12pm Catholic Mass Channel 20 9am Protestant Services- MR | 13 10am Salvation Army Band-CC 12:45pm RT Bingo-CC 4:30pm Trip: Watkins Festival of Lights Find the Elf Week | 9:15am Trivia Time-SC2 10:30am IDT. Mtg. 4-6pm Mthly Birthday Dinner- All Healthcare Houses 6pm RT Bowling Challenge- BL | 9am Arts & Crafts-SC3 10am Jingo-SC2 1:30pm Taste, Touch, & Smell-SC2 4pm Ladies Group-CC National Cupcake Day | 9:15am Roving Cart 1:30pm Ugly Sweater Day Caroling- SC2 & 3 4pm AFRH Winter Wonderlands | 9:15am Wright Brothers Day Lecture-SC2 1pm RT Holiday Party-CC | I8 Knock, Knock! Who's there? Ima Ima who? Ima dreaming of a white Christmas |
| 8am, 12pm Catholic Mass Channel 20 9am Protestant Services- MR | 10am News Time- SC3 10:30am Puzzle Zone-SC3 1pm Fun & Fitness-SC2 1:30am Movie & Popcorn 2:00pm Monday Manicures- SC2 | 9:15am Penny-Ante-SC2 21 10:30am IDT. Mtg. 11:30am National Crossword Puzzle Day 1:30pm Resident/Staff Bowling-BC Happy First Day of Winter | RT SANTA STEVE SLEIGH-BY 9:30am-11am Healthcare Houses 12:30pm-2:30pm Independent Living | 9:15am Charades-SC3 10am Chess Challenge-SC2 4pm AFRH Winter Wonderlands | 9:15am Christmas Cookie Cooking Time-SC2 11:30am Cookie Sampling- SC2 & 3 | 25 SIRISTIAS |
| 26 8am, 12pm Catholic Mass Channel 20 9am Protestant Services- MR | 10am Roving Cart 1:30pm Movie & Popcorn-SC3 | 10am Technology Interactions 10:30am IDT. Mtg. 1:30pm Walk & Wheels-SC3 | 9am Arts & Crafts-SC3 10am Wii Game Challenge- SC3 11:30am Lunch Time Crew 1:30am 2021 in Review-SC2 | 30 10am Rt New Year's Bingo-CC Robert Webb | 4pm New Year's Eve Social- DI | |